

About the Presenters:

Fatima Taylor, MAT, LCSW-C

Fatima is the founding CEO of Taylor Wellness Center, Inc. and specializes in working with survivors of trauma and their families. Fatima utilizes EMDR, Internal Family Systems, and Cognitive Behavioral Therapies to assist clients on their journey to healing. Fatima also has a passion for program management and development. Fatima served as a national trainer for the Maryland Network Against Domestic Violence Lethality Assessment Program and is currently adjunct faculty at The National Catholic School of Social Service.

Katie O'Mailey, LMSW, RYT

Katie serves as a trauma therapist, yoga instructor, and educator, specializing in strengths-based healing from trauma. Katie is experienced in countless trauma-informed modalities including Internal Family Systems (IFS), EMDR, CBT, Somatic Experiencing, Trauma Sensitive Yoga, Solution-Focused Therapy, and several others. Katie holds her MSW, BA, and BS from the University of Maryland, and completed her 200-hour yoga teacher training at Be Here Now Yoga Healing and Wellness.

Register Now:

1. Select one date for Part I AND one date for Part II.
2. Go to www.taylorwellnesscentermd.com to register.
3. Complete registration form.
4. Provide payment of \$159 in the form of check, credit/debit card, or Paypal.
5. Receive confirmation of payment, immediately.
6. Receive confirmation of seat for training(s) within 24 hours.



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Taylor Wellness Center, Inc Presents

Bridging the Practice Gap Series: Working with Victim-survivors of Sexual Trauma, Relationship Violence and Stalking



Part I:

Pikesville, September 14, 2019

Essex, September 16, 2019

Arbutus, September 20, 2019, OR

Port Deposit, October 2, 2019

Part II

Arbutus, September 28, 2019

Pikesville, September 30, 2019

Essex, October 5, 2019 OR

Port Deposit, October 16, 2019

Cost for both trainings: \$159

For more information: 443-431-3875



Bridging the Practice Gap Series

Taylor Wellness Center, Inc., provides trauma-informed mental health and wellness services for victim-survivors of sexual trauma, relationship violence, and/or stalking. Our services are modeled after the Substance Abuse and Mental Health Services Administration (SAMHSA) eight recognized Dimensions of Wellness.

Taylor Wellness Center, Inc. is offering the Bridging the Practice Gap Series for professional counselors, social workers, substance abuse professionals, and other human services providers to understand and become better informed of best practices. Participants will have interactive, advanced discussions of the topic areas, and utilize clinical vignettes to deepen their understanding of the issues.

The registration fee of \$159 includes both trainings in the series, a total of 10.5 CEU. Light breakfast foods, lunch, and free parking provided. Practice Series is one fee whether participant takes Part I and/or Part II. Training series does not need to be taken at the same location. Participants should select dates for Parts I and Part II at the time of registration. No refunds after September 2, 2019. If further information or clarification is needed, please contact us at: taylorwellnesscenter@gmail.com or 443-431-3875.

Part I: Working with Survivors of Sexual Trauma, Relationship Violence, and/or Stalking **Time: 9:00 AM - 4:45 PM** **(6.25 CEUS*)**

Learning Objectives Include:

- Describe and identify the various categories of abuse.
- Navigate common ways a client of abuse may present by review, case formulation, and discussion of four clinical case vignettes.
- Understand the various state and national resources available to serve victims of sexual trauma, relationship violence, and stalking to aid in the coordination of care.
- Create and discuss realistic relationship violence safety plan using four clinical vignettes.
- Understand the intersections and unique needs of victim-survivors of sexual trauma, relationship violence, and stalking.
- Learn best practices, and screening tools available to assist practitioners when working with victim-survivors.

*This training is approved for 6.25 social work Category I CEUS; co-sponsorship with NASW-MD #2507

*This program has been approved by the Maryland Board of Professional Counselors and Therapists for Category A.

Part II: The Neurobiology of Trauma and Best Practices

Time: 9:00 AM - 1:30 PM
(4.25 CEUs*)

Learning Objectives Include:

- Understand how the brain responds to trauma, and compare and contrast non-traumatic versus traumatic responses.
- Recognize the common byproducts of trauma and how they may impact behavior.
- Understand how the brain's trauma response impacts memory and healing.
- Explore how systems respond to trauma and learn the impacts of these responses on both the individual and the community.
- Identify three clinical methods of best practice to utilize when working with those impacted by sexual trauma, relationship violence, and/or stalking.

*This training is pending approval for 4.25 social work Category I CEUS; co-sponsorship with NASW-MD

*This program is pending approval by the Maryland Board of Professional Counselors and Therapists for Category A.